



Monthly Activities at a Glance

Walking Club	(Daily) 7:00 AM
Coffee and News	(M, Tu) 9:30 AM
Book Club	(Tu, F) 10:00 AM
Inspirational Talks	(W) 10:00 AM
Board Games & Cards.	(M) 10:30 AM
Stretch Exercise	(Tu, Th, Sa) 11:15 AM
Movement Exercise	(W, F) 11:15 AM
Sunday Brunch.	(Su) 11:00 AM
Movie Matinee	(Daily) 1:00 PM
Local Shopping	(W) 1:00 PM
Pool	(W) 1:00 PM
Ping Pong	(Tu, Th, Sa) 1:00 PM
Bingo.	(M, Tu, Th) 2:00 PM
Wii Games	(W, Sa) 2:00 PM
Computer Tips.	(W, Sa) 2:00 PM
Afternoon Tea	(Su) 2:30 PM
Creative Knitters.	(Th) 3:00 PM
Live Entertainment	(2nd & 4th F) 3:30 PM
Zumba	(Sa) 3:30 PM
Walking Club	(Daily) 6:00 PM
Movie Night	(Daily) 7:00 PM

*Schedule is subject to change